



# SENSIBLE SOLUTIONS

## A FRESH APPROACH FROM DAVIANS TO HEALTHIER EATING

At Davians, Sensible Solutions is a mindset, lifestyle and attitude toward good health in the workplace. With clearly labeled, delicious food options throughout our vending and café operations, if it's marked Sensible you know it follows established dietary guidelines, contributes to balanced nutrition and tastes great, too. Simply put, Sensible takes away the guesswork and helps those we serve make better food choices.

### EASY TO FIND

Just look for the "square apple" icon, representative of healthier food choices and a square meal. Each item is also clearly labeled with its nutritional information front and center.

### A POWER SOURCE FOR YOUR WORKDAY

Sensible choices provide the right fuel to boost energy, improve focus and maintain productivity.

### PART OF A BIGGER PICTURE

This simple approach to better eating is a perfect companion to corporate wellness goals and helps to nourish mind, body and spirit for an overall healthier employee.

### SENDS A MESSAGE

Providing Sensible Solutions shows employers care about the well-being of their colleagues reinforcing a positive employee brand.

**Sensible snack criteria per serving\*\***

CALORIES	SATURATED FAT	TRANS FAT	SODIUM
<230	<2g	0	<400mg
<12% DV	<10% DV	*	<17% DV

Percent Daily Values are based on a 2,000 Calorie diet.

\*\*excludes nuts

**Sensible food criteria per serving**

CALORIES	CAL. FROM FAT	CHOLESTEROL	SODIUM
<600	<180	<100mg	<1000mg
<30% DV	<30% DV	<33% DV	<42% DV

Percent Daily Values are based on a 2,000 Calorie diet.

**Davians**  
Coffee, Vending &  
Micro Markets